



# ROCKSIDE RANCH

LIFE RESTORATION ON A WORKING RANCH



PROGRAM  
OVERVIEW  
AND  
COMPONENTS

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# PROGRAM OVERVIEW

Rockside Ranch is a working ranch where discipleship, farming, education, adventure, and community living provide the context for personal change and growth.

## GENERAL COMPONENTS

At Rockside Ranch, the broad program components include:

1. Bible Study, worship, and spiritual formation
2. Workforce readiness training through farming, projects, trade exposure, and classes
3. Life skills training through daily experience and classes
4. Mentoring towards holistic personal growth
5. Outdoor recreational adventures
6. Stable, safe, and sober community living environment
7. Individually tailored resources and guidance for planning the future





## **SAMPLE DAY**

These broad components find expression each day in different ways. A sample weekday typically looks something like this:

- 6:30** Wake up
- 6:45** Devotional Reading
- 7:00** Morning Chores
- 8:00** Breakfast and Morning Routines
- 9:00** Community Worship
- 10:00** Class or Ranch Projects
- 1:00** Lunch
- 2:00** Class or Ranch Projects
- 4:00** Evening Chores
- 5:30** Dinner
- 7:00** Evening Session
- 9:00** Quiet Hours and Sleep

Weekends are set aside for rest and recreation as we explore the outdoors and enjoy community.

## **SAMPLE SPECIFIC COMPONENTS**

The remaining pages outline a sampling of specific curriculum, books, classes, and activities that students will go through. These components may change from program to program or within the course of a program, as we constantly seek to improve our offerings and tailor them to each student and as availability allows. (For example, students may not receive trade exposure to all those listed, and may receive additional trade exposure not listed below).



# COMPONENTS OF THE STUDENT PROGRAM

## BUILDING BLOCKS

1. Checking & Savings Accounts
2. Driver's License
3. Voter Registration
4. Selective Service Registration
5. Insurance Enrollment
6. Resumé Completion
7. Gmail and Google Drive Account
8. Typing & Legible Handwriting Proficiency

## ASSESSMENTS

1. Workforce Readiness Assessment
2. The Four Tendencies Profile
3. Enneagram Personality Profile
4. Strengthsfinder Assessment
5. DISC Personality Test
6. Conflict Styles Assessment
7. Substance Use Assessment

## BOOKS

1. *Life Together* (Bonhoeffer)
2. *The Power of Habit* (Duhigg)
3. *Mere Christianity* (Lewis)
4. *The Hobbit* (Tolkien)
5. *The Ideal Team Player* (Lencioni)
6. *The Five Dysfunctions of a Team* (Lencioni)
7. *Man's Search for Meaning* (Frankl)
8. *Atomic Habits* (Clear)
9. *Tribe* (Junger)

## CURRICULUM

1. Financial Peace University (Ramsey)
2. Guardrails (Stanley)
3. Workforce Readiness Training
4. Home Economics
5. Health & Nutrition
6. Life & Job Skills
7. Self Authoring Suite

## COMMUNITY INTERACTION

1. Community Service Projects
2. Coaching Meetings
3. Weekly Church Attendance
4. On-site Ranch Events
5. Community Dinners

## CERTIFICATES

1. Food Handler's Certificate
2. First Aid, CPR & AED Certificate
3. College of the Siskiyous Certificates in Teamwork and Workforce Readiness
4. Rockside Ranch Student Graduation Award

## TRADE EXPOSURE

1. Animal Husbandry
2. Gardening
3. Painting
4. Plumbing
5. Welding
6. Forest Management & Legal Burning
7. Carpentry
8. Electrical
9. Tiling
10. Butchering, Meat Cutting & Packaging
11. Roofing
12. Mechanics
13. Retail Sales

## ACTION PLAN FOR THE FUTURE THAT INCLUDES

1. Housing
2. Transportation
3. Employment & Finances
4. Education and Training
5. Community

# WEEKEND RECREATIONAL EVENTS

## DAY ACTIVITIES

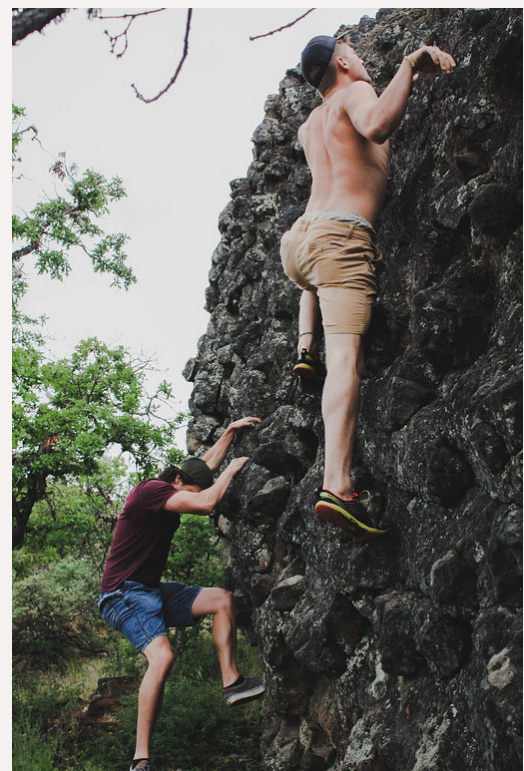
1. Etna Rodeo
2. Ropes Course & Team Building
3. Farm Tours and Dances
4. Kidder Creek Fall Festival

## DAY TRIPS

1. Kangaroo Lake
2. Rock Climbing
3. Shackleford Falls
4. Lava Beds
5. Castle Crag Day
6. Whitewater Rafting
7. Medford Family Fun Center
8. Ashland Play
5. Fishing
6. Horseback Riding
7. Snow Tubing
8. Skating

## MULTI-DAY TRIPS

9. Backpacking Trip in Marbles
10. Backpacking Trip in Trinity NF
11. Backpacking Trip in Russians
12. Redwood National Park Trip
13. Crater Lake National Park Trip
14. Lassen National Park Trip





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THRIVE IN WORK & LIFE.**

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